



Sustainable Development Application Form

Please email this form in MS Word format along with detailed financials of proposed projects to Rev. Vy Nguyen, Executive Director (vy@weekofcompassion.org).

Submitting Partner: Community World Service Asia (CWSA)				Date: September 11, 2023	
Address: 42-H, Dr. Mehmood Hussain Road, PECHS, Block 6.		City: Karachi		State: Pakistan	Zip Code: 75400
Name of Contact: Farrukh Marvin Parvez			Title: Regional Director		
Phone Number(s): +92 300 8264558			E-mail Address: marvin@communityworldservice.asia		
Project Name, Local Country Partner, and Location: Empowering Women & Girls of Afghanistan & Pakistan					
Community World Service Asia					
Pakistan & Afghanistan					
Partner's History/Relationship with the Project:					
<p>Community World Service Asia (CWSA) is a humanitarian and development organization. It is headquartered in Karachi, Pakistan, and has offices in Islamabad, Lahore, Mirpurkhas, Umerkot, and Khairpur in Pakistan. It has a training center in Murree. In Afghanistan, it has active offices in 4 locations: Kabul, Nangarhar, Bamyan, and Paktika.</p> <p>CWSA is implementing initiatives throughout Asia, including Afghanistan and Pakistan. CWSA aims to address factors that divide people by promoting inclusiveness, shared values, diversity, and interdependence. Marginalized communities are assisted irrespective of race, faith, color, age, sex, economic status, or political opinion. Respecting the right to choose how to live, we work with marginalized communities to overcome the impacts of inequalities and lead peaceful, dignified, and resilient lives.</p> <p>Community World Service Asia has been present in the region since decades and continues to partner with Governments, Multi-lateral Organizations, International Professional Networks, and National, Local, and International NGOs. Our organization is comprised of a committed governing board and a diverse team who work through a robust accountability framework while maintaining strong relationships with communities and partners. CWSA has been implementing projects in the Asia Pacific region, Afghanistan, and Pakistan, with a focus on its thematic areas that include: Emergencies response, Climate Action and Risk Reduction, Education, Health, Livelihoods including agriculture, irrigation, livestock, and skill trainings, Water, Sanitation & Hygiene, and Quality and Accountability. We engage in the self-implementation of projects, cooperation through partners, and the provision of capacity building trainings and resources at the national, regional, and global levels.</p>					
<p>Women employment has dropped by half after the Taliban took over Afghanistan, according to estimates from Afghan women activists.</p>					

Taliban are trying to prison half of the Afghan population behind walls. Taliban authorities have barred most girls from high school, stopped women from attending universities and most female NGO & UN workers from working. Following the Taliban takeover, foreign governments withdrew development aid and froze the country's central bank assets. CWSA has 23 women staff, most of them are only bread winners for their households.

Following are some of the quotes of our Afghan women staff, which urges us to plan counselling support for our colleagues to take care of their mental wellbeing.

“My daughter came home telling me “schools have been closed/shut down”, she was happy because she thought that schools have given them holidays. I knew the reality and I felt disheartened for my daughter’s dark future. The schools had been shut down completely, females were banned from getting education, working, in some provinces even going out without the male member was banned. It felt like we were in jail. On some days, it felt like my brain will explode.”

“Education is the only way for Afghan Refugee women to come out of this disparity. As long as Taliban are in the country, this is impossible to happen. There is no other way but to leave the country somehow”.

“People don’t understand. As woman life is hard already, on top of that when women have mental health issues people label them as “crazy”. We are not crazy, we are women who left their country, their whole lives behind them. We started everything from scratch. We need comprehensive emotional support”

CWSA plans to provide counseling support to Afghan women staff.

Pakistan has one of the world’s lowest literacy rates with an estimated 22.8 million aged 5-16 not attending school which represents 44% of the total population in this age group¹ so the situation is no different in Umerkot where the literacy rate is only 38% with women 20% while the men is 54%². It is imperative to mention that Umerkot is the only district in Pakistan where the Hindu community is in majority that estimates to 51% while Muslims are 48% but still the Hindu majority are vulnerable at the hands of the untouchable/discriminatory practices which are rampant in schools by fellow students and teachers. The lower enrollment rate of girls shows that they are deprived of the basic right to education because of multiple reasons mainly around cultural practices that favors boy’s education over girls, early marriages, child bearing and lack of conducive environment for girls in schools. Given the current scenario, educational system in Umerkot does not provide any better depictions for the children too. The situation of schools and provision quality education is largely comprised in the desert prone areas of the district where the children face multiple challenges in accessing schools.

Our team carried out school assessment and it was very difficult to identify functional schools as most of them were closed and if found open they have only 1 teacher in 1 room with limited enrolment. It was unfortunate to learn that these schools have all grade students in 1 room with teacher having no proper training on multi-grade teaching. Women teachers are also not available and communities are reluctant to send girl child to the male teacher and it is difficult to find any educated women but this has been addressed in last phase by having local teachers from the communities with which they are comfortable with.

As per our needs assessment, for women and girls, the challenges are compounded and the availability of

¹ <https://www.unicef.org/pakistan/education>

² <https://page.org.pk/wp-content/uploads/2021/11/Sindh-Report.pdf>

basic hygiene supplies, especially menstrual hygiene management supplies and appropriate sanitation facilities is an urgent need. There is large population of women and girls in the district who have no means to manage their menstrual hygiene with dignity.

Description of Project

Name of Project and Purpose (*agricultural, health, water, micro-credit, education, community development, etc.- and how it might address at least one of the 17 United Nations' Sustainable Development Goals 2015-2030*):

Empowering Women & Girls of Afghanistan & Pakistan

a. Counseling Support to Afghan Women Staff:

Through this project we aim at providing essential counselling support for CWSA Afghan women facing various challenges due to the socio-political context in their country.

b. Enhancing Quality of Education through Joyful Learning with Art Therapy & Inclusive Teaching Techniques and providing dignity kits

In an effort to facilitate the effective application of acquired knowledge, we will conduct interactive workshops. These workshops delve into various facets of teaching, encompassing lesson planning, classroom activities, and the integration of technology. By offering educators opportunities to engage in mock teaching sessions, provide and receive peer feedback, and experiment with technology-enhanced teaching methodologies, we bridge the gap between theory and practice.

Recognizing the unique challenges posed by teaching multiple grade levels within a single classroom, we equip teachers with an arsenal of strategies. These strategies encompass the management of diverse learning levels, the allocation of time and resources, and the adaptation of curricula to meet the needs of all students. Core concepts include the flexible grouping of students and the utilization of various assessment methods. Practical competence is nurtured through simulated multi-grade classroom scenarios, collaborative lesson plan development, and peer feedback mechanisms. A pivotal aspect of our training modules revolves around infusing joy and engagement into the learning process. This entails an exploration of art therapy, the art of storytelling, and the integration of creative teaching methods. Integral to these concepts are the nurturing of emotional intelligence, the cultivation of creativity, and the fostering of a profound love for learning among both teachers and students. To actualize these ideals, we employ art therapy sessions, storytelling workshops, and collaborative group projects.

In the rural expanse of Sindh, Pakistan, these meticulously crafted training modules and associated techniques serve as a pivotal resource for educators. By placing a profound emphasis on fostering positive learning environments, embracing inclusivity, upholding child rights and protection, and infusing joy into the learning experience, our overarching aim is to enhance the educational journey for both educators and students alike. These modules are thoughtfully designed to empower educators and pave the way for a brighter future for the children of Sindh. Refresher and follow up support will also be provided to teachers.

In addition, CWSA plans to provide essential awareness-raising sessions on personal hygiene along with distributing dignity kits. Dignity kit will comprise of items required to maintain hygiene practices.

With this project, the three core **United Nations' Sustainable Development Goals 2015-2030 that will be addressed are:**

Goal 5: Gender Equality: Achieve gender equality and empower all women and girls.

Goal 10: Reduced Inequality: Reduce inequality within and among countries.

Goal 11: Sustainable Cities and Communities: Make cities and human settlements inclusive, safe, resilient, and sustainable.

Target Population (*children, women, farmers, urban poor, etc.- priority will be given to projects that enable the empowerment of women and children*):

Afghan women staff

School teachers

Adolescent girls

How many persons are/will be served? (*please give as specific a figure as possible*)?

Afghan women staff – 23

School teachers – 100

Adolescent girls - 480

Key Objectives:

- a. To enhance the well-being and resilience of CWSA Afghan women by equipping them with coping strategies and self-care techniques.
- b. To facilitate adolescent girls to manage their hygiene and menstrual need
- c. To enhance and cultivate a conducive classroom environment to foster optimal learning.

Key Activities:

Activities Under Counseling Component:

- a. Conduct regular counseling sessions for women, offering a safe and confidential environment to discuss their traumas.
- b. Facilitate group counseling sessions to encourage peer support.

Activities under Education Component:

- c. Coordinate with education department to select schools to do teacher's trainings
- d. Develop session plans and do other preparations for training
- e. Conduct trainings, refresher sessions and provide follow up support to teachers as and when required.
- f. Awareness sessions on personal hygiene including menstrual hygiene and environmental hygiene to promote well-being and health.
- g. Organizing the distribution of dignity kits to the selected girl students, ensuring their essential needs for health and well-being are met.

Duration of Project: July 2023 to December 2023

Project Budget

Total Budget: USD 40,000

Amount Requested from Week of Compassion: USD 40,000

Is this a one-time request or an on-going request? It is an on-going request

Please attached a detailed, itemized budget and cost breakdown for the requested funds.

Is the project financially supported by ecumenical or outside partners? If so, what percentage does it cover for this project and please list those partners?

No

What is the overall percentage of fund requested that will be used for administration/overhead? None

If this project has been funded previously or is in the same geographical area, please specifically state when and how much was granted:

N/A

Dates and project names of previous approved proposal submissions within the last 5 years:

Girls Education Program Afghanistan, ACT Flood Appeal, Pakistan

How do you plan to monitor, evaluate, and report back to Week of Compassion? (Please note that future funding is contingent upon reporting, and that reports should be made between 6 months- 12 months after funding. In addition to reporting, please provide at least one story of transformation and photos.)

Community World Service Asia project and management teams will monitor the project's progress and processes, ensuring that objectives, activities, and timelines are met. Its finance department will ensure that project finances are managed with efficiency, transparency and accountability and that proper record are maintained and reporting adheres to agreed formats and timelines.

A variety of participatory methods, ranging from community meetings, focus group discussions, interviews and field visits will be carried out on a regular basis. At the end of each visit, a brief follow-up meeting is held with project staff to ensure that the action points are followed up. Regular project review and planning meetings would be carry out on monthly/quarterly basis with staff, village health committees, school management committees, teachers, district advocacy forum and line departments.

Community World Service Asia is qualified under internationally recognized mechanisms including Internal Control & Accountability (IC&A) audits, ISO 9001:2008 audits (internal and external) and Internal Reviews (conducted by the Strengthening Systems and Institutionalization team).

Have all reports and stories from previous projects been submitted to WoC? Yes

Application prepared by: CWSA team

Contact info: marvin@communityworldservice.asia

Week of Compassion Contact Information:

Rev. Vy Nguyen, Executive Director

vy@weekofcompassion.org

510.473.8962

Budget Narrative (Annex 2)

The budget narrative serves as an explanation for each expense category and should include a description of the expense and the assumptions used to derive the budgeted amount. Make certain the narrative demonstrates how the budget supports the programmatic objectives outlined in the project summary and details. Each amount is presented in USD.

Expense Category	Total Project Budget	Expense Category Narrative
Personnel		
Core Staff		
1 50% Finance Officer		Responsible for managing financial aspects of project (CWSA Contribution)
2 50% Project Manager	\$ 1,000	Responsible for implementation and project management
Total Personnel	\$ 1,000	
Benefits		
Travel		
Personnel Transportation	\$ 2,500	
Supplies/Equipment Transportation		CWSA Contribution
Total Travel	\$ 2,500	
Supplies		CWSA Contribution
Equipment	\$ 1,700	
Professional Services		
Training	\$ 20,000	It includes cost of resource person, training material and other logistical cost to conduct teacher's trainings. In total 12 trainings will be conducted. Refresher and follow up cost is also included in this line item.
Building & Occupancy		CWSA Contribution
Other Project Costs (Specify)		
Cash support	-	
Counselling	\$ 9,000	Counselling sessions include cost of trainer, training material and logistics.
Dignity Kits	\$ 4,000	Dignity kits comprised of sanitary napkins, soap, tooth brush, tooth paste, female underwear etc will be provided in each kit
Other 4: Administration cost	\$ 1,800	
Total Project Budget:	\$ 40,000	Requested from Week of Compassion
Initial Disbursement Amount Needed:	\$ 25,000	
Exchange Rate USD	PKR 300	