Grow Your Compassion: Read!

*Wangari’s Trees of Peace, a True Story From Africa* by Jeanette Winter (4 minutes)
This colorfully illustrated book tells the story of Wangari Maathai, a social and environmental activist who started the Green Belt Movement in Kenya to restore land damaged by deforestation and provide economic opportunities for women.

*Seeds of Change* (The Story of Wangari Maathai) by Jen Cullerton Johnson & Sonia Lynn Sadler (15 minutes)
This book is a longer telling of the story of Wangari Maathai, a social and environmental activist who started the Green Belt Movement in Kenya to restore land damaged by deforestation and provide economic opportunities for women.

*The Tiny Seed* by Eric Carle (5 minutes)
Illustrated in Eric Carle’s classic style (*The Very Hungry Caterpillar*), a tiny seed survives through the seasons to grow into a gigantic and beautiful flower that feeds the birds and butterflies.

*Stone Soup* (European folk story - varied lengths)
In this traditional folk tale, available in many variations, the people of a town are hungry and tend to keep to themselves. A stranger inspires them to share by making soup in a “magical” pot with just a stone and water; each person brings something to add to the soup until it is rich and abundant.

*The Marvelous Mustard Seed* by Amy-Jill Levine, Sandy Eisenberg Sasso, and Margaux Meganck (5 minutes)
In this brightly illustrated book, the authors offer an elaborated retelling of Jesus’ parable of the Mustard Seed.

*All the World,* by Liz Garton Scanlon (3 minutes)
This book celebrates the importance of things both big and small: the vast ocean and a tiny shell; a table, a spoon, a big pot of food; a small plant in a big garden.