



**WEEK OF COMPASSION SUSTAINABLE DEVELOPMENT
PROJECT REPORT**

For Global Ministries

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SECTION 1: Basic Information

Area Office	<i>Al Jalazone Refugee Camp- Ramallah Governorate</i>
Date of Proposal Submission	Spring 2022
Project Title	<i>Improving the Psychological Well-Being of Children in the Jalazone Refugee Camp Through Awareness and Counseling Sessions</i>
Project Period	<i>November 2022- March 2023</i>
Name of Local Partner	<i>YWCA of Ramallah and the Jalazone Community Centre</i>
Location- City/State/Country	<i>Al-Jalazon refugee camp, Ramallah- Palestine.</i>
Total Amount Received from WoC	<i>\$12,500</i>
Person Completing Report	<i>Sireen Hosu, Program's Manager- YWCA, and prepared by Global Ministries Resource Development</i>
Contact Information <i>Phone, email</i>	Kelsey Cameron Rose Senior Associate for Resource Development Global Ministries PO Box 1986

SECTION 2: Project Summary

Project Goal

The overall goal of the project has been to “strengthen the already established creative learning center in YWCA Kindergarten located at Jalazone Refugee Camp by improving the psychological well-being of children in the refugee camp through awareness and counseling sessions.”

The project was conducted by YWCA of Ramallah, which is an entity under the umbrella of the YWCA of Palestine and registered locally as a non-governmental association affiliated with the World YWCA movement.

YWCA of Ramallah runs a Community Center and a Kindergarten at the Jalazone Refugee Camp located in the North of Ramallah. The center serves more than 9,000 people in the camp and provides direct services to more than 80 children and their families. YWCA of Ramallah also provides empowerment interventions that target women and girls. This is accomplished through awareness and counseling services that improve their psychological well-being and by providing them with needed knowledge and skills to start their own business for economic empowerment.

Primary Activities Implemented

The project enhanced the psychological well-being of children by focusing on both their mental and their emotional health. Psychological well-being is important to their development and gives children the best chance to become well-rounded, healthy adults who have the coping skills in place to deal with day-to-day life. The YWCA has been providing counselling services for children and their parents in Al Jalazone refugee camp. They have also built the capacity of their teachers to enable them to work with children in a manner commensurate with the different psychological needs of children.

It is worth mentioning that the project’s activities have been implemented as planned, and all sub-objectives have been achieved as planned in the agreement.

YWCA Ramallah implemented all project activities as follows:

1. Counselling sessions for children

- The YWCA of Ramallah contracted two professional mental health psychologists to conduct counseling sessions for children and their mothers.
- 60 psychological support sessions targeted 80 children (28 girls, 52 boys) divided into three groups. Each group received 20 sessions. The sessions focused on working towards an optimistic future, developing positive coping methods, boosting self-esteem and self-confidence, and other positive states and traits in children. The psychologists used different methods such as play therapy, behavioral therapy, and expressive therapy to support each child to live well after trauma.

The project has a positive impact on the targeted children and developed their personalities and behavior as follows:

- Children talk about themselves in front of others, practice healthy self-expression, build social networks, and develop friendships.
- Children identify their feelings of love, fear, security, and safety.
- Children are playing in harmony and developing physical movements and skills such as running, jumping, and manual movements.
- Children developed their imagination through acting, drawing, coloring, and puppets.

2. Counselling sessions for parents

66 young women benefited from counselling sessions that empowered them to respond in a good way to the stressors their children are experiencing. The first session was held in the presence of 40 mothers, and 26 mothers attended the second session.

3. Capacity building of kindergarten teachers to use the newly acquired teaching methodologies and techniques to promote and enhance the psychological well-being of children.

Ten teachers were targeted. Through three training days, they aimed to raise and discuss important issues from a modern point of view and to advance the process of learning and teaching.

The training sessions built the teachers' capacities and equipped them with modern mechanisms, models, and techniques for engaging kindergarten children. Teachers learned to work with children on the educational learning process and developmental needs and characteristics (cognitive, psychological, social, linguistic, etc.). Teachers and children collaborated to achieve holistic growth and a balanced, adaptive, and productive personality in society.

4. Rehabilitated and improved the outdoor play area by furnishing and equipping it with educational toys and tools.

This intervention enhanced the kindergartners' environment and created a safe space for children to play and be more creative. This intervention benefited 80 children, and improved the outdoor playground as follows:

- The outdoor playground's floor was paved 165 feet (50 meters).
- Supplied 165 feet (50 meters) of artificial grass.
- Supplied three drinking basins with filters and batteries to provide clean water for 80 children daily.

5. Activating and developing the activities of the community center.

- A Christmas party was organized to relieve the psychological pressures suffered by the Jalazone camp children. The center presented the play "The Four Seasons," and the children danced with Santa Claus, had their faces painted, and played with Disney characters.
- A Universal Child Day (November)
- Open day for Children (March-Project end)

Project Time Frame						
Activities:	Item	November	December	January	February	March
Counseling sessions for Children	Psychologist sessions for 80 children (60 hours)					
Capacity Building for KG Teachers	Implement workshops for the teacher to build their capacity to use the newly acquired teaching methodologies and techniques to promote and enhance the psychological well-being of children. (9 training hours)					
Counseling sessions for parents (Mothers)	Counseling for students' parents (6 Hours)					
Christmas Party for Children	Purchasing gifts and hosting a play					
Furniture and Equipment for a safe play area for children in YWCA Jalazone Kindergarten	Floor paving for the playground (50 meters)					
	Apply artificial grass to specific areas on the playground (50 meters)					
	Purchase three drinking basins for children					
Open day for Children & Universal Child Day (November 2022)	Celebrated Universal Child Day in November 2022. Included face painting, snacks, and Disney costumes.					
	Open day at the end of the project, which included face painting, small gifts, and Disney costumes.					

Challenges and Actions Steps Taken to Resolve

- One challenge has been the political situation. Specifically, the closing down of Jericho City in January affected the failure to end the sessions within the plan. The trainer was from Jericho, and therefore, all sessions were completed after the end of the blockade in the city.
- The comprehensive strike due to the political situation, as it included kindergartens, postponed the implementation of some activities.
- Winter weather conditions. The implementation of some activities was postponed due to the absence of children as well as some of the restoration work.

There was enough time in the activities' plan, so all the delayed activities were carried out comfortably within the year.

SECTION 3: Project Results

Client/Participant Success Story or Details of a Program Achievement

Several stories from the program’s participants are included in an accompanying document.

Short and Long-Term Results

Realistically link program activities to the difference they are making. Describe how the project’s activities are making a difference in the short and long-term for both the client and the community.

Activities:	Result
Counseling sessions for children	<ul style="list-style-type: none"> - Provides support and guidance for children who live under pressure from social and marital problems. - Enhances coping mechanisms and reduces the emotions they suffer from to help children to avoid suffering from a similar crisis. - Work on developing the child's intellectual ability through play. - Enhancing and modifying the behavior of children - Express feelings and fears - Promote tolerance and build friendships
Workshops for kindergarten teachers	Building kindergarten teachers’ capacity to use the newly acquired teaching methodologies and techniques to promote and enhance the psychological well-being of children.
Counseling sessions for parents	Developing skills for parents on how to respond to the stressors their children experience.
Furniture and equipment for a safe play area for children in YWCA Jalazone kindergarten	<ul style="list-style-type: none"> - Build and improve the outdoor play area by furnishing and equipping it with educational toys and tools. - Providing safe spaces for playing at the kindergarten.
Open day for children and Universal Child Day (November 2022) Christmas Party for children	Activating and developing the activities of the community center.

Best Practices:

- Working simultaneously on the various interventions targeting each of the teachers, children, and parents led greatly to the work at all levels and thus better results.

- Targeting the children and mothers of the refugee camp
- Modifying the external environment by providing safe spaces
- Hiring professional psychologists

Quantitative Results

Provide “numeric indicators” of your work in serving people and implementing project activities.

PEOPLE Served <i>Avoid Duplicate Counts between Categories</i>	# of People Served	Comments or Description
Women <i>age 18+</i>	76	66 of them mothers 10 staff/teachers
Men <i>age 18+</i>	0	0
Youth <i>age 13-18</i>	0	0
Children <i>age 0-13</i>	80	Girls - 28, Boys - 52
Families/Households	70	70 families were targeted
Disabled	0	0
Other: <i>specify such as employed, unemployed, immigrants, etc.</i>	0	0

Activities Implemented <i>-Specify Activities-</i>	# of Activities or Service Units	# of Participants or Beneficiaries <i>If applicable</i>	Comments or Description
Counseling sessions for Children	60 sessions	80	Children were targeted through the sessions
Workshops for KG Teachers	9 Hours	10	Teachers were targeted through the workshops
Counseling sessions for parents	6 hours	66	Parents were targeted through the sessions
Furniture and equipment for a safe play area for children in YWCA Jalazone Kindergarten			
1. Floor Paving	50 meters	80	Floor paving was provided
2. Artificial grass	50 meters	80	Artificial grass was provided
3. Drinking basins	3	0	Drinking basins were provided
Open day for Children & Universal Child Day (November)	2	93	Children were targeted through Open Day and Universal Child Day
Christmas Party for Children	1	93	Children were targeted through Christmas party

Examples of Activity Descriptions: food distribution, legal assistance, trainings, workshops, clinical services, TB screening, intakes, pigs raised, wells dug, school supplies provided (units), etc.

SECTION 4: Financial Management

Required Attachment: How was funding used?

Provide a financial report of how gifts were put to use in support of your project. A template for this financial report is attached for your reference. Any report that does not follow this template will not be considered a completed report and not eligible for applying for WOC Sustainable Development grant.

1	Counseling Sessions for Children	Unit	Rate \$	# of Units	%	Total USD
1.1	Psychologist	Session	22	60	100%	\$1,320
1.2	Stationery for sessions	Session	10	60	100%	\$600
2	Capacity Building for Kindergarten Teachers					
2.1	Expert in teaching methodologies	Days	270	3	100%	\$810
2.2	Refreshments for participants	Participant	2	45	100%	\$90
3	Counseling sessions for parents					
3.1	Counseling for students' parents	Hour	22	6	100%	\$132
3.2	Refreshments for participants	Participant	2	40	100%	\$80
4	Christmas Party for Children	Child	25	80	100%	\$2,000
5	Administrative expenses					
5.1	Coordinator (20%)	Month	1,700	5	20%	\$1,700
	Evaluation and Overhead					\$1,136
6	Furniture and Equipment for School	Equipment	4,000	1	100%	\$4,000
7	Open day for Children	Day	632	1	100%	\$632
	Total					\$12,500

If expenses differ from the original proposal, please explain variances here:

There are no expenses that differ from the original proposal.